• Welcome! The following slides are to
• Provide an introduction to the Medical Reserve Corps (MRC)
• Provide an introduction to the role and benefit of an MRC for the local community.
• Provide a pictorial of the activities that volunteers of the MRC have participated in.
MRC Concept

• To establish groups of volunteers with an interest in strengthening local public health system and providing help in emergencies.

• Organize/utilize locally

• Integrate with existing programs and resources

• Identify, credential, train and prepare in advance

• Include medical and public health professionals, and others
Grab and Go Backpacks

Home and Personal Preparedness

If there were a fire and you had to grab and go.....
Family and Pet Preparedness

Orange, Ma

Gardner, Ma
Mission of the Medical Reserve Corps

National: The mission of the Medical Reserve Corps is to improve the health and safety of communities across the country by organizing public health, medical and other volunteers.

Local: Wachusett Medical Reserve Corps (WMRC) is a local network of public health, medical, safety and other ancillary volunteers organized to improve the health and safety of their communities. (2020)
Local: Our communities, with the help of skilled volunteers, will be well informed, prepared, healthy and safe. (2020)

National: A nationwide network of organized volunteers strengthening the health and safety of their communities.

MRC Vision
Incident Command System Training

Barry teaches about using the command structure during a public health emergency
Vaccine Clinics
Status - Current Local Units

Approximately 815 Units,
About 300,00 Volunteers across the nation
Local MRC Units - Worcester County

Legend
- Greater Grafton MRC
- Wachusett MRC
- Worcester Regional MRC
- Worcester Regional MRC Currently
Pet First Aid Training

Providing helpful tips for working with anxious animals
Preparedness - Thinking Through Scenarios
MRC Models

• No “typical” MRC
• All MRC units:
  – Provide an organizational structure for utilizing members
  – Screen members, including CORI/SORI and verification of professional licensure/certification
  – Train/prepare members
• Units vary by:
  – Types/#s of volunteers
  – Sponsor organizations
  – Partner organizations
  – Mission/focus
MRC Unit Organization

• Each MRC unit determines its organizational structure that best fits their needs. Some determinants are
  – Population
  – Geography
  – Community government structure
  – Health needs
  – Other unique community factors

• Differing laws and local government structure
  – one “size” does not fit all
Celebrating Nurse’s Week

Rita is our oldest volunteer and has been with us since day 1. She brings wisdom from her 60+ years in Public Health.
Children’s Night Out- EAT BY COLORS
Special Events- Girl Scout Program
Healthy Homes

Grant supported program teaching about using natural cleaning products to offset asthma triggers in the home.
Tickborne Diseases

Done in response to several requests from local Boards of Health - A Tickborne Disease information display coupled with the distribution of 1400 tick removal kits.
Volunteers

• Types/# of Volunteers - local decision based on local needs
• May include those in training, in active practice, or retired
• Medical and public health professionals
• Persons with no health experience who can help with communications, administration, logistics, and other essential functions
Response Roles

MRC members can have a profound impact on the health and safety of their community during an event requiring MRC assistance.

Examples:

• Serve as MRC team leaders
• Provide medical care, administer vaccines and dispense medications
• Provide health education as part of a local public health initiative
• Provide counseling for victims, families and responders
• Promote preparedness
• Provide administrative, logistical and communications support
Learning About The Deaf Community

Special Guest Jonathan O’Dell
MA office for the Deaf
Addiction from a Parent’s View

Heather, Michelle and Susan share
Vaping, Addiction Recovery Discussion and Narcan Training

Tina
UMass

Michelle
Alyssa’s Place

Keith
AIDS Project – Narcan Training
Who We Are

• The Wachusett Medical Reserve Corps (WMRC) was federally approved on March 11, 2006 and is based in Hubbardston, Ma.
• The Wachusett MRC is a 501(c)3 non profit organization with a team approach of government.
• It is a ‘member run’ unit that values each member's contribution as valid. We keep lines of communication open through emails, frequent website updates, and training meetings.
What We Can Do

• The role of the healthcare community in disaster preparation is
  • to identify resources applicable to physical, social and psychological effects of a disaster,
  • to identify population groups that are at the greatest risk during a disaster,
  • to provide disaster education in advance of the event, and
  • to take responsibility for the health of the community following a disaster.
MRC volunteers serve a vital role by assisting their communities with ongoing public health needs. This can be accomplished through

- community health profiles that identify needs,
- developing educational programs,
- providing screening clinics and
- working with the local health officials as a resource for public health initiatives.
Participating in Public Health Drills

Kathy and Barry
Psychological First Aid Training

PJ - VP of the Wachusett MRC – Mental Health Counselor- Certified Interpreter- Jack of all trades
How Can an MRC Benefit Your Community?

- Resiliency – not as reliant on state and national resources
- Meet identified health needs/gaps
- Bolster public health and emergency response infrastructures
- Give community members an opportunity to help make their communities healthier and safer
- Provide mechanisms for information sharing and coordination between partner organizations
- Allow for national recognition of local public health and emergency response efforts
What role might I play?

• The role you play in a response depends upon your training and skills. Possible emergency response roles are:
  • Assisting in delivery of medical care within your level of expertise as an RN, LPN, CNA, MD, EMT, medical secretary, or other credentialed volunteer.
  • Providing mental health/spiritual support.
  • Providing medical interpreting and translation services.
  • Assisting with set up and flow of clinics.
  • Lending the community your special skills during an emergency event.
Stop the Bleed Training

Community presentations available for You are the Help and Stop the Bleed.
Anniversary of 911
50 years

What to say in an emergency.
Community Emergency Response Teams train and work together with Medical Reserve Corps Units in a disaster.
“Victor the Virus”
A puppet talks
about the 5 rules
of good health.
Learning Games

Children’s Matching Game

Trivia Games

Disaster Kit (3)

1. What should a Family Communications Plan include? A. Information about how we would get in touch with each other during an emergency B. Where we would meet C. How we would remain in contact D. All of the above
   a. D. All of the Above
2. How often should you practice your family emergency plan?
   a. Every three months
3. You need to have a plan for your pets during emergencies.
   a. True: Most shelters will not accept pets. Plan ahead of time what you will do with your pets if you have to leave your home unexpectedly.
4. Which of the following should not be in an emergency supply kit? Non-perishable foods, manual can opener, candles, first aid kit?
   a. Candle: Flashlights or electric lanterns are much safer
5. Name three items to keep in your disaster kit.
6. How many gallons of water do you need per person per day in your disaster kit?
   a. 1 gallon per person
7. How many days should your disaster kit last you?
   a. Three Days
8. What percentage of Americans lack emergency supplies?
   a. 48%
COVID19 PSA DoorHangers

Vongmany
20,000 door hangers distributed throughout Worcester County
Clinics and more Clinics…
15 months, 300 volunteers and 100,000 vaccines

Wind
Rain
Snow
Sleet
Freezing Temperatures
Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it’s the only thing that ever has.
— Margaret Mead
How to Contact Us

• Would you like to become a member of the Wachusett Medical Reserve Corps?

• Please get in touch!
• Our telephone number is 978-928-3834.
• Our email is: wachusettmrc@gmail.com
• Our website is: www.wachusettmrc.org
• Our mailing address is: Wachusett MRC  PO Box 555
  Hubbardston, MA 01452